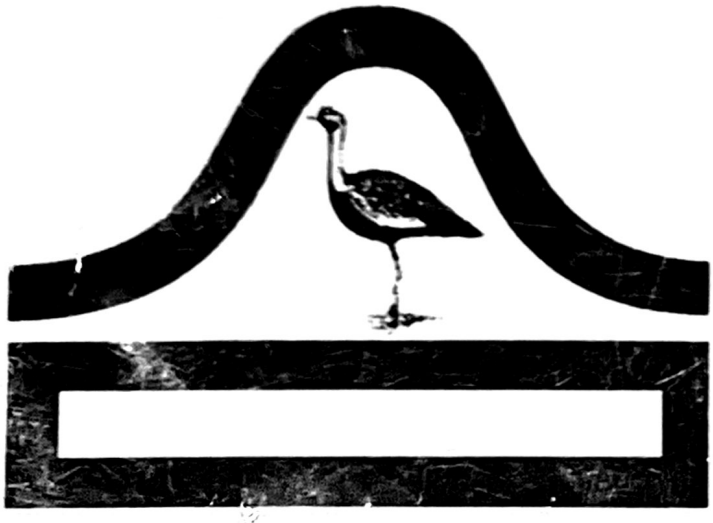
The

Bar Hill Guide

1995



Bar Hill Residents' Association

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Foreword

Bar Hill - building began on open farmland in 1965, and the old farmhouse still remains in the middle of the village, serving as the Parish Council office. Since the earlier days of rapid growth the population has now settled to about 4500, living in about 1700 properties and we now have a settled community.

Village amenities include a primary school, a village hall and social club, a library, a health centre and a church (shared by 6 Christian denominations). There is also an hotel, a superstore, several smaller shops and many businesses, both large and small offering employment and services to the village and the surrounding area. As you will see from the content of this guide, there are a large number of organisations within the village offering a wide variety of activities for all ages.

This edition of the Bar Hill Guide is the latest of several such guides, published approximately every two years, for the benefit of residents and visitors. The Bar Hill Residents' Association has existed in the village since 1967 and is a non-profit making organisation. All helpers are unpaid volunteers and any excess income is spent on village amenities. In addition to these occasional guides, the Bar Hill News, has been published monthly, with a few exceptions, ever since then and is delivered to all properties in the village.

BAR HILL RESIDENTS ASSOCIATION COMMITTEE 1995 - 1996

Chairman	Martin Avery	34 Acorn Avenue	781233
Secretary	Jo Hall	11 Almond Grove	780304
Treasurer	Mike Webb	88 Field View	781015
Editor	Margaret Carpenter	48 Foxhollow	781192
Advertising	Bunty Waters	77 Foxhollow	781493
Distribution	David Doe	15 Field View	781666
	Raj Iyer	56 Oatlands Av	781022

The Bar Hill News is published every month and delivered to each house on the village. Information for inclusion in the magazine should reach the editor no later than the 15th of the previous month. Please use the magazine as your forum to complain, offer suggestions, or just contribute to.

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INFORMATION BOOK

The Bar Hill Directory is published by the Residents' Association. Note: Information from this booklet may not be copied without permission. Any changes should be notified to Mrs Bunty Waters. All information in this edition are current at the time of going to print. Any amendments will be published in the Bar Hill News. When using Advertisers/Organisations from this booklet please let them know where you saw it advertised.

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CHILDMINDERS IN BAR HILL

The Childminders in Bar Hill are all registered with Social Services and fully insured. If you require a Childminder or would like any information on Childminding please contact our co-ordinator **Deb Benstead** on tel: **780284** and she will be happy to help you.
We also have a coffee morning in the school community lounge on a Thursday morning and you would be very welcome to come and join us.

ALOE VERA TAKES THE REGION BY STORM

The Cambridge Aloe Advisory Centre has recently staged exhibitions in the area including two in Bar Hill. People from all over the region have been finding out about this remarkable Cactus like plant. In recent months the press have been making the public aware of Aloe and its healing qualities. In a book "Aloe Vera - The Natural Healer" there are testimonials from people gaining relief from Arthritis, Irritable Bowel Syndrome, Chrohn's Disease, Burns, Eczema, Psoriasis to name a few. If you would like to find out more information please contact the Cambridge Aloe Advisory Centre at 9 Toad Acre, Longstanton, CB4 5DF or telephone: **01954 789031**.

Clubs & Societies

Allotments	Janet Morris	782441
Baby Sitting Circle	Chris McDermott	782401
Badminton	Julie Lemon	781325
Carpet Bowls Club	Neville Oakman	780080
Childminders	Anne Tanner	780830
Conservatives	Iris Lay	780457
Colts Football Club	Neville Watson	781488
Cricket Club	Tony Moffat	782366
Eight O'Clock Club	Barbara Page	780933
Friendship Link	Philippa Hall	780304
Guides	Nina Hutt	781105
Monday	Wendy Arrowsmith	781381
Brownies		
1st Thursday	Denise Fear	202846
2nd Tuesday	Jenny Lloyd	780996
3rd Wednesday	Daphne Impey	780311
Rainbow		
5-7 Monday	Cathy Jacklin	781740
2nd Rainbow Friday	Sue Carpenter	780347
Happy Hours	Jimmy & Phyllis James	781124
Labour Group	Jean Prandy	780201
Liberal Group	Tom Lee	782880
N.W.R	Edna Goodman	782558

P T A - Bar Hill	Emily Lewney	781770
P T A - Swavesey	Jeff Harrison	781290
Parents & Toddler Grp	Sally Musk	780369
Parish Council	Chris McDermott	780456
Playgroups		
Pre-School	Jenny Dedman	782037
Sunshine	Krysa Parker	782931
Rainbow Club	Emily Lewney	781770
Royal British Legion	Mike Duce	781677
Scouts	Keith Virgo	780809
Spinnettes	Stan Dixon	782729
Squash	Joycelyn Morley	781508
Table Tennis	Peter Bowers	781977
Tennis		
Adults	Peter Hering	781779
Junior	Janet Eglington	781682
Under Ones	Emily Lewney	781770
Village Hall	Sandra Spence	781402
W.I.	Joyce Smith	781782
Woodcraft Folk	Jo Griffiths	781007
8'Oclock Club	Barbara Page	780933

UNDER ONES

All babies under one and their carers are welcome at 'Under Ones' which meets every Wednesday morning in the Octagon from 10 - 12 noon. There is a wide range of toys for the babies to play with, nappy changing facilities, and a large lending library are all available. Do come along and meet other people with young babies, share your experiences, have a chat and some refreshments. Expectant mums are also very welcome.

Emily Lewney 781770

RAINBOW CLUB

Rainbow Club is a church club which aims to teach children about Christianity in a positive and fun atmosphere. The evening consists of activities, stories, singing and games. Rainbow Club meets on Thursday of term-time for all children 5 to 8 years old. We meet in the Octagon from 6.15 - 7.15 p.m. Do come along and join us.

Emily Lewney - 781770

V

TransAction

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Solicitor
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9.00 am - 5.00 pm
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by arrangement
57, Hillfield Road,
Comberton,
Cambridge CB3 7DB
Tel: (01223) 263549
Fax: (01223) 263718

BAR HILL PARENT TEACHER ASSOCIATION

The PTA of Bar Hill Community Primary School is a very active group which aims to support the school in providing the best possible education for its children. The PTA runs several fundraising events a year, notably the annual Fun Run in May, the Christmas Dinner Dance, and the Family Barbecue in July. The PTA provides items of equipments for inside and outside the school as well as assisting with the cost of coaches for school trips. Recent purchases have included books for the school library, additional computer equipment, many items for the classrooms, musical equipment and woodworking tools. The PTA is also involved with staff and governors in the task of improving the immediate environment around the school.

Chair: **Katie Sheldrick - 789088**
Secretary: **Emily Lewney - 781770**

SWAVESEY VILLAGE COLLEGE PARENT TEACHER ASSOCIATION

Bar Hill is one of 11 villages within the catchment area for Swavesey Village College.

The College is an 11 to 16 Community Comprehensive School aiming to give a broad and balanced education to all its 800 or so pupils and with GCSE examination results of well above county and national averages.

The PTA has two roles - it provides a link between parents and the College as well as organising various fund-raising events such as Car Boot and Jumble Sales, Dances and an annual craft Fayre in November.

All the funds raised go towards the purchase of additional equipment for the College and with an emphasis on items which are of benefit to all of the pupils.

Membership of the PTA is automatic for all parents of pupils at the College and the PTA Committee consists of approximately 20 members - roughly 2/3rd parents and 1/3rd teachers. Committee meetings are held monthly and new fund-raising ideas are always welcome.

If you would like more information about the PTA please contact either of the Bar Hill Committee members - **Veronica Webb 781015** or **Nick Handley 782267** or for more information about the College, please contact the Warden - **Patrick Talbott** on **230366**

YOUTH ACTION CAMBRIDGE

Want to be valued, to do something valuable, to benefit yourself and others in the community?

YOUTH ACTION CAMBRIDGE is a long established youth project which does youth work through volunteering.

Supervised groups of volunteers plan and deliver services to vulnerable groups in the community.

Each week during term time there are three groups working with young children; a group working on wards of elderly patients at Fulbourn Hospital and a girls media group. At weekends and holidays there are face painting groups, community arts events, volunteer training events planned by young people about issues affecting them, holiday playschemes..... for more information contact **HARRY WELBURN** or **VICTORIA MARSHALL** on Cambridge **01223 316105** at Howard Mallett Centre, Sturton Street, Cambridge CB1 2QE
Charity No: 278721

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BAR HILL LIBRARY

The library is situated at Gladeside and the opening hours are as follows:

MONDAY	2.00p.m. - 6.00p.m.
TUESDAY	CLOSED
WEDNESDAY	10.00a.m. - 6.00p.m.
THURSDAY	2.00p.m. - 8.00p.m.
FRIDAY	2.00p.m. - 8.00p.m.
SATURDAY	9.30a.m. - 1.00p.m.

The Library offers a wide range of adult and childrens' books, also available for loan are videos, story tapes and jig-saw swops. There is information on courses, local events, reference materials and newspapers.

There are photocopying facilities and you may use the Search Catalogue into the County Stock.

Renewals may be made over the telephone, the staff at the Library look forward to seeing you.

Telephone: 789026

BAR HILL ALLOTMENT SOCIETY

The allotments are situated on the outside of the perimeter road, between Stonefield and Little Meadow. Water is laid on to the site and a communal shed, recently renewed, is available for members' use. Seeds can be purchased through the Society in the autumn and mushroom compost and manure are bought in bulk and sold to members. Composting is encouraged.

Plots are let by the year from October, and the rent for one plot for 1994-95 was £5.00, (this is subject to an increase next year). At present all the plots are taken, but anyone interested in having an allotment should contact the Treasurer, **Jane Cullum** - tel: **780573** as sometimes plots become available during the year. Otherwise names are placed on a waiting list.

For further information please contact the Secretary, **Janet Morris** - tel: **782441.**

BA HILL NATURE RESERVE

The Nature Reserve, which was first dug in September 1992, is to be found opposite Field View at the Balancing Lake, where there is a footpath to Dry Drayton, and pleasant walks to be found.

I have received very helpful advice from the Beds and Cambs Wildlife Trust and with financial help from the County Council, Parish Council and a grant from the Shell Better Britain it is proving to be a very successful venture.

You will see there are several plants in the pond, all of which were put in by hand, in the Winter of 92! a lot were donated from various sources. I now have the help of Paul Lloyd to up-keep the pond with planting and labour. The pond has frogs, toads and newts, Dragonflies and Damselflies, all the usual water bugs, I am pleased to say it really has come on very well.

I then turned my attention to making nest boxes for the variety of birds that visit, 28 were made of various types, which I put all around the reserve, they were soon being put to good use. I personally feel a commitment to nature, it is so fragile and wonderful however, I try to do what I can to help it. I really enjoy the area of the Nature Reserve and I believe others feel the same, it is well used by casual walkers, dog walkers, cyclists and even those who just want to sit and stare.

If anyone would like further information please contact me and I will do my best to help: **Nick Richardson - 781383**.

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POLICE IN BAR HILL

The past year has been one of considerable change for Cambridgeshire Constabulary. The force has been arranged in three divisions, Bar Hill is part of the southern division. I am based at Histon Police Station with Sgt. Harris being my immediate supervisor and Inspector Needle in overall control.

In addition to this change a new system of crime recording is in place whereby the majority of reports are taken over the telephone with no police officer attending. We will still attend burglaries, serious offences, where the possibility of evidence remains at the scene and where the complainant is very upset or elderly. The aim of this system is to make the best use of our resources to prevent and detect crime whilst still giving a good quality of service. Initial signs are good but only time will tell, so wish us luck.

Bar Hill like many other villages suffers with its fair share of vandalism and graffiti. During the past year only one resident has come forward to identify the culprit, if these things are to stop then the police and residents have to join into a partnership so these mindless individuals get the message. We will not stand for it, if you damage property you will be held accountable.

There are extra patrols in the village particularly by members of the special constabulary especially during the weekends. Volunteers to join the special constabulary are always needed. If you would like more information on this please contact one of us.

A big effort is being made in the village to provide a permanent youth facility, I as the local policeman and also a resident of the village fully support this and hope it reaches fruition soon.

Neighbourhood Watch is still growing albeit very slowly, it does work so if you are in an area not yet covered please make every effort to set one up. I can help with this and provide any information you need.

I can be contacted at Histon Police Station on 01223 232222

Thank you - **Rob Morris PC87 Community Officer**

SOCIAL CLUB

The club is situated above the Village Hall by the green in the centre of the village. Why not come over, have alook around and see what we have to offer, you are very welcome to join us.

As well as offering a comprehensive range of Real Ales, Lagers, Wines, Spirits, Low Alcohol and Soft Drinks, the Club has Fruit and Quiz machines.

Throughout the year the club offers a wide range of entertainment, mostly free!! for all the family so watch the notice board for full details.

For further information please call: **Graham Sadler 780360**

BAR HILL GUIDE ASSOCIATION

Guiding is growing in Bar Hill. The 9th of March 1995 saw the re-opening of a third Brownie pack in the village, whilst other villages are seeing the reduction in units available.

There are two Rainbow Guide units, catering for girls aged 5 - 7, which meet in the school on Monday and Friday evenings.

Brownies, 7 to 10 year olds, have their pack meetings on Tuesday, Wednesday and Thursdays.

There is only one Guide company who get together on a Monday night.

At our annual census in February 1995 there was a total of 109 girls and adult Guiders involved in our Guiding Association and of course we'd like to have more.

GUIDING IS FUN - we aim to provide practical and social skills in a varied programme of games, crafts, badges and activities.

For more information please contact: **Mrs Nina Hutt - 781105**

SOUTH CAMBRIDGESHIRE CONSERVATIVE ASSOCIATION
BAR HILL BRANCH

The Bar Hill Conservatives are a branch of the South Cambridgeshire Conservative Association, which it supports by way of fund raising and political activities. The branch holds social events every month with regular opportunities for political discussions.

If you would like to join us please contact any of the officers below:

President:	Cllr Mrs Jennifer Jones, 61 Foxhollow	780358
Hon. Vice President:	Mrs Marie Young, 28 Almond Grove	
Chairman:	Mrs Iris Lay, 121 Appletrees	780457
Vice-Chairman:	Mr Don Miller, 14 Acorn Avenue	780295
Treasurer:	Miss Ada Rignall, 67 Woodside, Longstanton	

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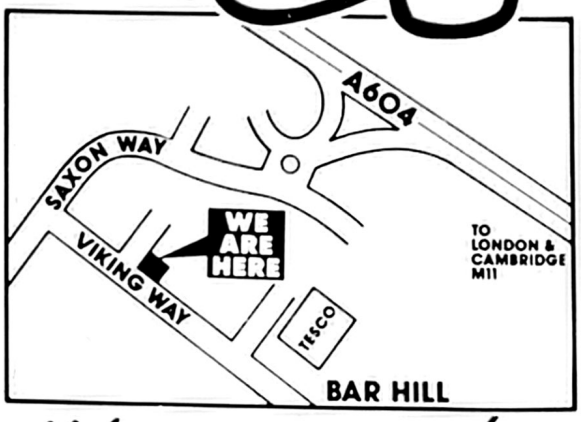

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BAR HILL CHURCH

THE
PICKLED
PARROT

Part of the role of the Christian church is to reach out to folk who would not normally come into contact with it. Part of that reaching out is in the form of services provided for the benefit of the community.

The village of Bar Hill boasts a significant number of young people. These young folk look to nearby larger towns and see a wealth of facilities available, if only they could get there!

Bar Hill church recognises the need of these young people for a meeting point and is delighted to offer, on Friday and Saturday evenings, the **PICKLED PARROT.**

Why call it the Pickled Parrot? We cannot quite remember!
What we provide is a place for young folk to gather to enjoy themselves. On Friday evenings we cater specifically for school years 7, 8 and 9. Facilities include Pool, table Tennis, Table Football, Music or just somewhere to sit and talk, and, of course, the tuck shop! It is a place to come and let off steam or to be quiet.
Saturday evenings are aimed at school years 10 and over. The facilities are similar but the atmosphere is a little more relaxed.

We recognise that we provide a service to folk who might never normally come into a church. We do not aim to thrust religion at anyone who comes in, but at the same time if people have questions to ask we are always willing to answer them. We do it because we believe in the young people of this village; because we recognise they, too, have a part to play in the life of the village; and because we want to be there for them!

If you would like to know more then please call **Tim Jackson on 780319**

CARPET BOWLS CLUB

Carpet Bowls is held every Friday in the School. All equipment is available for use, if you have never tried it please come and have a go and even if you have come and join in. There is no joining fee and the only charge is £1.00 per session, at 7.30 - 10.00 p.m. during term time. Tea and biscuits 5p.
If you would like further information please contact:
Neville Oakman Tel: 780080

Bar Hill 1995

1 Church Centre
2 Farmhouse
3 Fox (Public House)
4 Garden Centre
5 Health Centre & Dentist
6 Hotel
7 Library
8 The Mall (Shopping Centre)
9 Parish Council Car Park
10 Octagon
11 TESCO superstore
12 School
13 Scout Hut
14 Sunshine Playgroup
15 Village Hall
(including Social Club and Pre-School Playgroup)

Bus Stop
Letter Box
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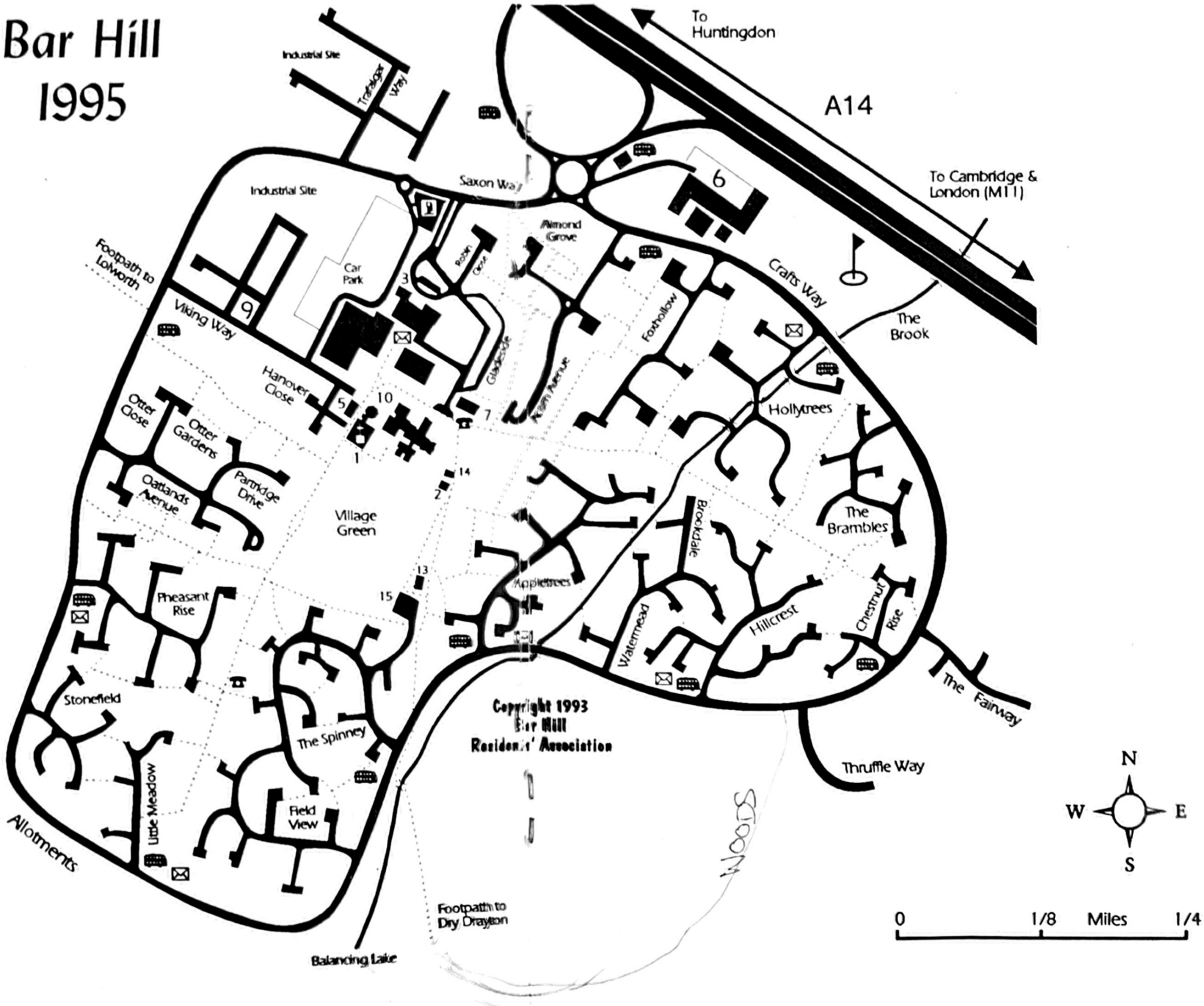
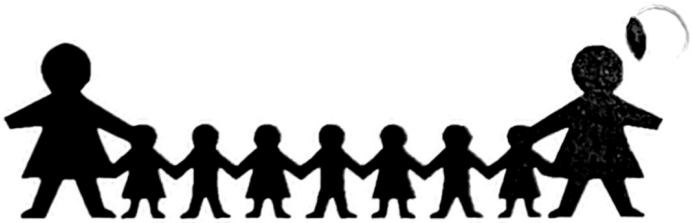




BAR HILL PRE-SCHOOL PLAYGROUP

At Bar Hill Pre-School Playgroup our main aims are to develop and encourage the childrens' social skills and ability to interact with others. These are cunningly disguised as FUN!

We use role play, board games, puzzles and of course plenty of imagination. We also try to develop hand and eye co-ordination again cunningly disguised as making pictures by tracing, cutting, gluing and sticking.

There is also playdough, sand and water play and painting, and when it all gets too much, there is always the book corner for a quiet five minutes. For more information please contact:
Jenny Dedman: 782037 (before 7.00 p.m.)

WOODCRAFT FOLK

Cambridge & District
Foxglove Elfins, Bar Hill

The Woodcraft Folk is a National youth organisation that celebrate its 70th Birthday this year. Our motto is 'Span the world with friendship'

Our Elfin group is for girls and boys of 6 - 9 years and meets weekly in the school hall between 5.45 -7.00 p.m.

There are 20 Elfins in the group and the terms activities are based on a programme of badge work which the children achieve working together. We aim to develop self reliance, friendship, co-operation, peace and environmental awareness. We regularly camp with the District - this way we all meet other Folk and value the friendships that develop through working and playing together. Above all the children are involved in the decision making as much as possible and we aim for it to be their group in which they have to think for themselves as well as have a good time.

For information please contact: **Jo Griffiths 781007**

FUN AND FRIENDS - BAR HILL CHURCH

All children under five and their carers are most welcome to come along to the Octagon each Friday, during term time, from 2.15 p.m. until 3.00 p.m. As the name suggests our aim is to have fun and to make new friends.

We aim to learn about Jesus in a completely non-threatening but fun way. there are stories, songs and games with plenty of visual aids and we encourage the children to participate fully by the use of craft activities wherever possible.

We always end our time together with refreshments and an opportunity for parents and carers to chat with one another.

Our doors are open to all; so come along and give us try one day! If you would like to know more first then please call **Bev Jackson 780319 or Jane McLeod 782965.**

OPTICIANS

Eyes of Swavesey
2/4 Station Road
Swavesey
Tel: 01954 231158

Opthalmic Medical Practitioner
Dr B.O. Amure. B.Sc., B.Chir., D.O., Ph.D.

BAR HILL NATIONAL WOMEN'S REGISTER

NWR has just celebrated its 35th Anniversary, with many members worldwide.

It aims to provide an outlet for women to participate in discussions, listen to speakers and to find out more about topics of general interest.

It promotes friendship and a better understanding of other points of view through the free exchange of ideas and opinions.

Our meetings are held fortnightly, in members' houses. If you would like to find out more please contact:
Edna Goodman: 782558 or
Bobby Colver: 781662

BAR HILL SENIOR CITIZENS CLUB

Calling all Senior Citizens finding spare time on their hands - Why not come along to "HAPPY HOURS' on a Monday from 11.00 a.m. until 3.00 p.m. It's an excellent way to get to know other people in the village.

Tea, Coffee and a simple lunch are provided at cost prices. Activities include - Speakers, Darts, Table Tennis and many board games, occasional Bingo and Quizzes. Eight months of the year we have coach trips with celebrations for our Birthday and Christmas Party.

An emergency service helps members to and from Addenbrookes Hospital and help is given to anyone with difficulty getting to the 'Octagon' Church Centre, which is where we hold our meetings.

If you would like further information please ring:
Phyllis or Jimmy James, 22 Partridge Drive
Telephone: **781124**

BAR HILL FOOTBALL CLUB

Bar Hill has an excellent standard of Senior Football. The three teams are all near the top of their respective divisions at the end of the 94/95 season.

The 1st team have a good chance of becoming premier league champions and both the 2nd and 3rd teams will gain promotion in their leagues.

The club is very well supported by the village, and especially by the Sports and Social Club.

Whatever your standard of footballing ability, or if you can offer any support, we would be pleased to welcome you whether at matches or at any of the social events held throughout the year.

Please contact:
Mick Collis - Secretary **781227**
Paul Gedny - Chairman **780369**

BAR HILL COLTS FOOTBALL CLUB

The "Colts" Football Club was established some years ago to provide football for the youths of the village, and has extended its activities to the running of six League teams, playing in the Cambridge & District Colts League, for the 1995/96 season, with teams also playing friendlies at Under 9 and Under 8. To give you a clearer impression of what this means, over 150 lads are signed-on to play for the Club, and that number seems to increase year on year.

The officers of the Club for the 1995/96 Season, are as follows:

Chairman:	Ron Hodierne Secretary:	Diane Chapman
Treasurer:	Jim Charlwood Publicity:	Neville Watson
Managers:	Under 8 - Paul Douglas and Keith Bentley	
	Under 9 - Ed Zuiderwijk	
	Under 11 - Brian Tanner	Under 12 - Ian Crofts
	Under 13 - Mick Brown	Under 14 -John Houston
	Under 15 - Chris Graham	Under 16 - Mick Egan

Please note there is no Under 10 team, and that age levels for players is determined by a players' age on 1st August.

If any lad wishes to sign-on for the Colts, please contact either the Team Manager for the relevant age of the player, or the Secretary.

A Club of our size relies on Fund Raising and Sponsorship to maintain the standards that we have set ourselves. We are very appreciative of donations from numerous Sponsors, and the support of the Village in the Social events that continue to buy the many items required i.e. kit, training facilities, registration fees etc. We publicise all Social/Fund Raising events in the Bar Hill News.

Neville Watson - 781488

LIBERAL DEMOCRATS
SOUTH CAMBRIDGESHIRE CONSTITUENCY
NORTH RURAL BRANCH

Please look out for forthcoming events in the Bar Hill News.
Your local contacts include:

Cllr Tom Flanagan 780571
Tom Lee 782880

BAR HILL CRICKET CLUB

We have two teams in the Cambridgeshire Cricket Association Leagues. The First Team in League 2 South and the Second Team in League 5 South. Both teams play on Saturdays at 2.00p.m. during the cricket season which is from the end of April to the end of August.

Our mid-week team plays on Wednesday evenings at 6.15 p.m. which gives enough time to play in daylight and still have time to refresh ourselves afterwards.

There are also a number of friendly games played, normally on Sunday afternoons, for those who do not want to commit themselves to regularly turning out.

We have recently started an Under 15s Team managed by Fred Styles and this is in its second season. They normally play on a Monday evening.

Anyone interested in playing is invited to contact:
Tony Moffat 782366

BAR HILL TENNIS CLUB

We are now in our fifth year, continuing to grow and attract new members. We are able to cater for players of all abilities especially beginners.

We meet at the school, where there is a floodlit area - for the adults on Tuesday and Thursday evenings 7 - 9 p.m. and the juniors with professional coaching on Wednesday, Thursday and Saturdays.
For more information please contact either:
Peter Hering 781779 - Adults
Janet Eglington 781682 - Juniors

OAKINGTON THERAPY CENTRE

12 High Street, Oakington

OSTEOPATHY

Roger Giddings D.O., M.R.O.
R. Starmer-Jones D.O., M.R.O.
Alex Spence D.O., M.R.O.
Sally Beazleigh D.O., M.R.O.

HOMEOPATHY

Joel Jaffey P.C.H.

ACUPUNCTURE

Tony Sugden M.R.T.C.M.

We may be able to help you !
Ring and ask on

Cambridge (01223) **237459**

BAR HILL SPINETTES MAJORETTES

Sylvia Boydell as Troop Leader and Claire Boydell as Trainer, started the Bar Hill Spinettes in September 1993. Sylvia had just passed her Judges Course to become a qualified UK Federation Majorette Judge, and as Claire has been involved with Majorettes for seven years they thought the time was right to start a Bar Hill Spinettes Troop. We practice twice a week with beginners on Monday at 6 - 8 p.m. at Bar Hill Church and then at the school on Wednesday evenings for further training.

Last year we won 20 Selections Trophies to go in for the U.K. F.M. competitions in Rye at the U.K.F.M. National finals and one of our girls won the Military March this was against 150 other girls in her age group! This year we have won 42 Trophies at the National Selections and 6 Trophies in the National finals.

So if you would like to have a go at Twirling a Baton or Pom Poms, Flags and Wheels, come along on a Monday evening and have a go - you will be very welcome.

For further information please contact:
Sylvia Boydell, 01480 382476 or **Stan Dixon, Chairman, 782729**

THE ROYAL BRITISH LEGION

The Royal British Legion launched its new image recently with the help of some of the young ex-Servicemen that have benefited from its work. The Legion wants to broaden and modernise its appeal, showing the public that it is not just a club for aging veterans.

Many events this year will mark the Second World War, and the debt which the nation owes its war veterans will be widely recalled. Seventyfour years after its foundation, the charity is wisely preempting argument that it will soon be obsolete.

Since 1945 nearly 3,000 servicemen have been killed in action and at present 25,000 people leave the Services every year to seek a living as civilians. All the time the need for our assistance is growing, not diminishing. In 15 years time the numbers requiring practical assistant is likely to have doubled.

Our Branch in Bar Hill will continue to play its part. Former service in H.M. Forces is no longer an essential qualification to join us, if intending members are sympathetic to the Legion's aims they will be welcome.

We meet on the 2nd Thursday of each month at 7.30 p.m. in the Farmhouse.

For more information please contact me: **Eddie Patrick 782136**

BAR HILL BABYSITTING CIRCLE

The Babysitting Circle is open to all residents of the Village. It is run on a 'token' system so no money is involved. The only stipulation is that members must be prepared to babysit for other members of the Circle when convenient. Regular coffee mornings/afternoons are held so that young children can get to know their prospective 'babysitters'.

For further details about joining please contact either **Jackie on 780249 or Chris on 782401.**

BAR HILL TOY LIBRARY

Toy Libraries enable parents to offer their child an extensive range of good quality toys at a nominal cost. In the early years a wide variety of experiences can help your child to develop and Toy Library offer toys from birth to school-age (there are also board games for 5-10 years).

Many parents use Toy Library to consumer test prospective purchases - this can save expensive mistakes if the child is totally uninterested in that toy.

Toy Library is run voluntarily by other mums and meets on alternate Fridays, during term time in the school studio at 2.30 - 3.30 p.m. Dates are posted up in the school, library and Bar Hill News. Please just come along to any session and see what is on offer.

Twice a year we also run a 'Nearly New Toy sale' on behalf of any parents wishing to buy or sell toys. If you would like further information please contact:
Heather Sales 780859

LABOUR PARTY

The Bar Hill Labour Party group was formed shortly after the village was first built and has been growing ever since. At our monthly meetings discussions covering many social and political issues are led by visiting speakers or by a group member.

There is a monthly newsletter giving details of our activities. If you are interested in receiving a copy of the newsletter or in joining the group please contact:

Jean Prandy, 15 Acorn Avenue, Tel: 780201

8 O'CLOCK CLUB

The 8 O'Clock Club meets on the first Thursday of each month in the school at 8.00 p.m. We are a very informal group of women who meet together to enjoy speakers, demonstrations and trips out to theatres and restaurants.
For further information please contact: **Barbara Page 780933**

FRIENDSHIP LINK

Friendship Link is run by volunteers headed by the Verger of Great St Mary's Church in Cambridge. Its aim is to take supplies (food, blankets, medical equipment, toiletries etc) to refugees in the former Yugoslavia. Since its formation Friendship Link has taken over 30 tonnes in total on regular trips. Recently we also shipped a crate full of dentistry supplies and equipment donated by dentists.throughout Britain after an appeal in dentist magazines to Latvia. It is hoped to send further shipments in the future and to send other aid to Slovakia where there are also Bosnian refugees and also people from Chernobyl.

After appeals in the Bar Hill News many people in the village have supported the work of Friendship Link, offering supplies, I would like to take this opportunity of thanking them.

Another aspect of Friendship Link's work is to help establish cultural links between Britain and the emerging democracies of Eastern Europe and the former Soviet Union. Recently it was decided to establish a 'link' between Medvade near Ljubljana in Slovenia and Bar Hill. It is hoped that groups and societies within the two communities will link ultimately leading to exchange visits. If you would like any further information please contact **Jo or Philippa Hall 780304**.

ROBIN HUGHES-PARRY & ASSOCIATES

VETERINARY SURGEONS

Full health care and advice for PETS, EQUINE & FARM LIVESTOCK

34 High Street
Longstanton, Cambridge
CRAFTS HILL (01954) 780027

66 High Street
Cottenham, Cambridge
COTTENHAM (01954) 252122

OPENING HOURS *(Consultations by appointment)*

LONGSTANTON
Monday to Friday 8.30am - 7.00pm
Saturday 8.30 - 11.00am

COTTENHAM
Monday, Wednesday & Friday 8.30am - 12noon
Monday, Tuesday, Wednesday & Friday 4.30 - 7.00pm
Saturday 8.30 - 11.00am

24 HOUR EMERGENCY SERVICE

Stockists of Hills Science Diets, Iams and Eukanuba petfoods

SUNSHINE PLAYGROUP

The Sunshine Playgroup is a small friendly playgroup. We aim to provide a wide range of experiences through free and structured play in a caring environment.

If you are interested in a place for your child, please feel free to visit the Playgroup at any session. Application forms are available from the Playgroup, Healthcentre, Library and from **Linda Feather 780223.**

The Playgroup building can be hired for parties, events, meetings, etc. Rates for hire are £2.50 per hour for block bookings, £10 for party bookings, plus £2 if the garden is used for a bouncy castle etc. Phone **Kathy Jacklin 781741** for further details.

VILLAGE HALL

To hire: contact **Sandra Spence 781402**
available for family parties, childrens' parties, wedding receptions, meetings, regular and casual hire. Classes already established are: aerobics, tap classes, dancing classes, Weight Watchers, exercise classes and youth club.

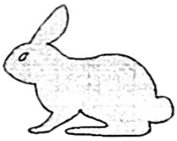
Ashcroft Veterinary Surgery

169 St Neots Road, Hardwick
Cambridge CB3 7QJ
Telephone: 01954 210250

Full 24 Hour Emergency Service Visits by Arrangement

Surgery hours: 8.30 - 10.30 am & 4.30 - 7.00 pm weekdays
9.00 - 11.00 am Saturdays
10.00 - 11.00 am Sundays

Surgeries by appointment please.



WOMEN IN THE COMMUNITY

The WI meets on the second Tuesday of the month in the school. A speaker is booked for each meeting and they cover a wide variety of subjects. We also have competitions and a Bring & Buy table.

We have a Darts Team and Bowls Team which any member can join if they wish.

A coffee morning is arranged every month and in the Summer we go on interesting outings.

We also try to take part in events in the Village e.g. the Fete.

Each year we choose a charity and give them monies that have been raised throughout the year.

Why not come and join us Ladies - we have a lot of fun.

If you want more information please contact me:

Joyce Smith: 781782

PARENT AND TODDLER GROUP

The Parent and Toddler Group is for children between the ages of 12 months and 3 years of age. The sessions are held in the church centre, where they can come with mum/dad to play and make new friends

In each session there will be painting, messy play, sand, large activity toys, puzzles, books and much more.

We also have a singing and action time at the end of each session.

The session times are:
Monday to Friday mornings:
10.00 -11.30 a.m.
(Wednesday 12 to 18 months Toddlers only)
Monday and Tuesday afternoons:
1.30 - 3.00 p.m.

If you would like to find out more you can contact **Sally Musk** on **780369** or if you would like to visit us you are welcome to call in and have a chat with our supervisors - Jo, Mary and Pat.

BAR HILL PARISH COUNCIL,

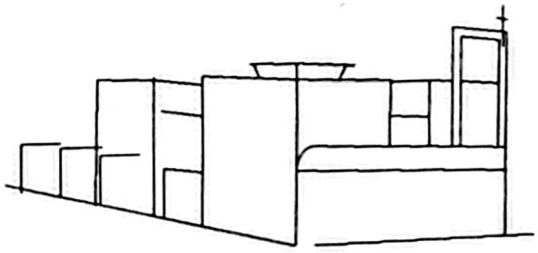
The Farmhouse, Bar Hill. 01954 780456

M. Boughton-Fox	93 Hollytrees	Mike Duce	22 Gladeside
Tom Flanagan	27 Acorn Ave	Alec Green	16 The Brambles
Jo Hall	11 Almond Gr	Roger Hall	11 Almond Gr.
Jennifer Jones	61 Foxhollow	Peter Lloyd	133 Pheasant Rise
D Pora	69 Appletrees	N Richardson	109 Pheasant Rise
R Sadler	7 Thruffle Way	Lorraine Silk	30 Acorn Ave
Veronica Webb	88 Field View		

The Parish Council meets each month (except August) on the third Thursday. Any matters to be raised with the Paris Council may be put in writing to the Clerk, Mrs C McDermott, The Old Farmhouse, Bar Hill. Mrs McDermott can be contacted on 780456 on weekday mornings. Minutes and notices regarding Parish Council matters are posted on the noticeboard at the end of The Mall by the post box.

PUBLIC SERVICES

Cambridge Water Co	All Hours	01223 247351
Central Library	Lion Yard, Cambridge	01223 65252
Citizens Advice Bureau	72 Newmarket Rd	01223 353875
Consumer Advice Centre	Central Library, Lion Yard	01223 311318
Electricity	Customer Service Centre	01223 440188
	Appliance repair	0345 585858
	Electrical Wiring & installations	01223 441487
Gas	Emergencies/24 hour service	0345 426123
	Service calls/Enquiries	0345 124103
Hospitals	Addenbrookes	01223 245151
	Rosie Maternity Hospital	01223 217617
	Hinchingbrooke Hospital	01480 416416
Refuse	Monday collection	
RSPCA		0345 888999
Royal Mail		0345 740740
Samaritans	4 Emmanuel Road	01223 364455



BAR HILL CHURCH is a Local Ecumenical Project, which means that all Christians in the village (and some beyond!) may worship together, whether from Anglican, Baptist, Methodist, United Reformed, Quaker or other traditions. We also work together as much as possible with the Roman Catholics, sharing some services and other events, and have entered into a local covenant with them.

It is a steadily growing church, with the first phase of the new Church Centre opened in 1991 and the second phase, a new kitchen and toilet block, opened in February 1995. The buildings are available for hire to village organisations and individuals via the Bookings Secretary. We have been without a Minister for the past year during which there has been a wide variety of Sunday and weekday activities, these have been due to the dedicated efforts of everyone concerned however, we will be welcoming Rev Gary Renison in September as our new Minister. .

The main Sunday service is at 10.00 a.m., with an evening service most Sundays at 7.00 p.m., and details are published each month in the Bar Hill News. Different styles of workshop are used in turn, aiming to cater for all ages and persuasions, and we have a creche for babies and specific activities for children and teenagers. We extend a warm and friendly welcome to everyone at all services and activities, and any of the following contacts will be pleased to supply further information.

Staff	Mrs Jacky Bowers, 22 Stonefield	781977
Baptisms, Dedications	Mr Richard Lewney, 7 Oatlands Av	781770
Weddings, Banns, Funerals	Mr Mike Duce, 22 Gladeside	781677
Church Secretary	Mrs Doreen Magee, 18 Stonefield	782129
Bookings Secretary	Mrs Maggie Cox 113 Pheasant Rise	782316
Property Manager	Mr Malcolm Cox, 113 Pheasant Rise	782316
Publicity Secretary	Mr Andrew Gill, 90 The Brambles	789486
Children's Work	Mrs Ann Chappell, 53 Foxhollow	780746
Youth Work	Mr Tim Jackson, 71 Appletrees	780319

Catholic Church of Our Lady and The English Martyrs
Hills Road, Cambridge
Tel: 01223 350787
(The Catholic Church which serves Bar Hill)

Parish Priest:	Mgr. Tony Rogers
Assistant Priests:	Fr. Russell Frost
	Fr. David Jennings - Priest with responsibility forBar Hill
Deacon:	Rev. Martin Franks, Tel: 01223 357787

Mass is held every Saturday at 6.00 p.m. at Bar Hill Church Centre
For further information of masses at Bar Hill Church Centre please contact: Bunty Waters 781493
Masses in the Parish Church in Cambridge

Sunday	**Weekdays**
8.00 & 9.30 a.m.	Monday: 8 a.m. & 12.15
10.45 a.m.	Tuesday: 8 a.m. & 7.30 p.m.
12.00 noon Polish	Wednesday: 8.00 a.m. & 12.15 p.m.
3.45 p.m. Italian	Thursday: 8.00 a.m. & 12.15 p.m.
5.00 p.m.	Friday: 8.00 a.m and 12.15 p.m.
6.15 p.m. Sung Latin	Saturday: 10.00 a.m. & 6.00 p.m.

Holydays of Obligation:	8.00 a.m., 10.00 a.m., 7.30 p.m.
Sacrament of Reconciliation:	Tuesday, 6.45 p.m.m (not after Mass)
	Saturday: 10.30 - 11.15 a.m., 4.30-5.15 7.00-7.45 p.m.

(Details of other services are published in the weekly news letter which is available at the 6.00 p.m. Mass each Saturday - copies are available in the Church Centre.

Catholic Schools

Junior and Infant St Albans School, Union Road, Cambridge 01223 350026
Secondary St Bede's Inter-Church School, Birdwood Road, Cambridge, 01223 248660
Secondary (11-18) St Mary's High School, Bateman St, Cambridge 01223 63480
Religious Education for children not attending catholic schools contact:
5-11 years - Martin Franks 01223 357787 -
11-14 years - Bunty Waters 781493

EMERGENCY NUMBERS

FIRE	Emergency	Dial 999 ask for FIRE
	Administration	Parkside Fire Station
		01223 324320/351426
POLICE	Emergency	Dial 999 ask for POLICE
	Cambridge City	01223 358966
	Histon	01223 232222
AMBULANCE	Emergency	Dial 999 for AMBULANCE
Blood Donors		01223 245921

TRAVEL

Airports	Gatwick	01293 535353
	Heathrow	0181 7594321
	Stansted	01279 680500
Bus/Coach	Cambus	01223 423554
	Premier Travel	01223 237262
	Whippet Coaches	01480 463792
Rail	Enquiries	01223 311999

USEFUL INFORMATION

Cinemas	Warner	Booking	01223 460441
		Prog. Info	01223 460442
	MGM	Booking	0645 100261
		Prog. Info	01223 64537
Leisure Centres	Kelsey Kerridge		01223 463210
	Long Rd Tennis Centre		01223 411583
Theatres	ADC Theatre, Park St		01223 359547
	Arts Theatre, Sussex St		01223 355246
	Corn Exchange		01223 357851
	Drama Centre		01223 322748
	Mumford Theatre, East Rd		01223 352932
Swimming Pools	Abbey		01223 213352
	Bottisham		01223 812148
	King Hedges Pool		01223 353248
	Parkside		01223 350008

STYLE

2 hr Professional Dry Cleaners

ALL YOUR DRY CLEANING NEEDS ARE CATERED FOR

As well as the more general cleaning we are able to offer you specialist cleaning on such items as Suedes, Curtains, Chair and Settee covers, Duvets, Blankets, Wedding Dresses, Small Rugs, etc.

Our Repair Service is available for Zips, Alterations and General Repairs.

We can also accept items for Invisible Mending.

ALL THIS AT VERY COMPETITIVE PRICES

Professional Dry Cleaners

1b The Mall, Bar Hill

TELEPHONE CRAFTS HILL 782375

REMEMBER YOU CAN HAVE MOST GARMENTS CLEANED AND FULLY FINISHED IN 2 HRS

Health Centre

Cambridgeshire family health services authority

780442

Health Visitors - 781855

Bar Hill Centre. Open 8.30am - 12 noon & 2.00pm to 6.00pm Monday to Friday

	Monday	Tuesday	Wednesday	Thursday	Friday
Dr R A Newsom	8.30 & 3.00	8.30	9.00 & 4.30	9.00 & 4.00	9.00 & 2.30
Dr J Hassan	8.30 & 3.00	8.30 & 4.00	8.30	9.00 & 4.00	8.30 & 3.00
Assistant Doctor			2.00		
Practice Nurse	8.20 & 4.00	8.20 & 3.30	8.20 & 3.30	8.20 & 3.00	8.20 & 4.00
Child Immunisation	3.00				
Physiotherapist		3.00			
Midwife (Antenatals)			10.00		
Child Health Clinic Health Visitor Doctor		School Lounge 10.15 - 11.45		Health Centre ..... 3.00 - 4.00	
Dietitian		9.30 - 12.30 3rd in month			
Orthoptist		9.00 - 12.30 2nd in month			9.00 - 12.30 3rd in month
Psychiatric Doctor					2.00 - 4.30 2nd & 4th in month
Psychiatric Nurse	2.00				

Saturday morning: Emergencies only at 1 Huntingdon Road, Cambridge 9.00 - 11.00am. Telephone 01223 364127

Out of hours emergencies only: Telephone 01223 356201 for URGENT attention